

july 2008

# Stoneleigh on May apartments

14300 N. May Avenue • Oklahoma City, OK 73134



Proud. Glory.



## Your Staff

Amy Roberts  
Business Manager

Ken Wilkerson  
Assistant Manager

Joyce Morgan  
Elaine King  
Leasing Consultants

Jay Fittro  
Lead Service Technician

Bob Galla  
Service Technician

Maria Rodriguez  
Housekeeping

Mitch Nelson  
Courtesy Officer

## Important Numbers

Office: (405)755-3800

Fax: (405)755-3843

Fire, Police, Emergency: 911

## Office Hours

**Monday - Friday**

8:30am - 5:30pm

**Saturday**

10:00am - 5:00pm

**Sunday - Closed**

## Salute to the Fourth

"And the star-spangled banner in triumph shall wave

O'er the land of the free and the home of the brave." - Francis Scott Key

We'd like to wish you a fun filled and safe Fourth of July holiday. If you will be traveling, remember to drive safely and have a good time. For those of you staying in town, take time to enjoy the many activities planned locally to celebrate the day. Enjoy the holiday!

## Let Us Know What's Up

Paying attention to what people have to say and how they feel is an every day thing when you care about people. If you have any questions or concerns about our community, please let us know. You matter to us.

## Holiday Office Hours

The office will be closed July 4th for the Fourth of July holiday. Have a great holiday!

## Welcome Home

We'd like to say "Hello!" to the new residents in our community. We are glad you're here. Make sure you introduce yourself to your neighbors. Welcome!

## Are You Insured?

Do you currently have renter's insurance on the contents in your apartment? If not, look around your apartment and calculate the value of your personal belongings. You'll probably find the total to be well worth the low cost of renter's insurance. Contact a local insurance agent to find out how you can be protected by renter's insurance.

## Birthday Salute

In the spirit of the Fourth of July holiday, we'd like to salute all our residents with birthdays this month. We hope it's a star spangled day for you! Happy Birthday!

## You Have It Made Here!

Here are some really good reasons to renew your lease...

- No property taxes.
  - Maintenance work is performed for you by our friendly, experienced staff.
  - Lawn care and landscaping are provided.
  - A full time staff to address your needs.
  - Renter's insurance is less expensive than homeowner's insurance.
- Need we say more? Call the office to renew your lease and enjoy another year with us!

## No Fireworks Allowed

The use of fireworks, firecrackers and sparklers is not permitted in our community. There are no exceptions! Your cooperation is important to maintain the safety of everyone in our community. Have a fun and safe Fourth of July.





# Bright. Stars.



## Words in Words

You can sometimes make words using the letters in a larger word. For example, from the word "tube" you can make "be," "bet," "but," and "tub." Now onto a harder one: how many words can you make from the word "America?" (Hint: we found 31.)

Answers:

Ace, acre, aim, air, am, arc, are, area, aria, arm, came, camera, car, care, cram, cream, crime, ear, era, ice, ire, mace, mar, mare, me, mice, race, ram, team, rice, rim.



# Majesty. Stripes.

## Get Rid of That Stain

A stain can be tough to get out of your clothing. If not attacked in the right way, it can set in, ruining your clothes. Some common stains are trickier than others to remove. Here are some tips to combat some of the toughest:

**Lipstick** - White toothpaste works best on lipstick stains. Rub a small amount of the paste (not a gel) into the fabric, then wash in cold water.

**Mud** - Let a mud stain dry before attempting to treat it. Gently brush off any loose dirt. You can use a cut potato to help remove the stain, by rubbing the cut surface of the potato on the spot. Soak the garment in cold water for about 30 minutes and then wash as usual.

**Red wine** - Rub some table salt onto the stain and let it sit for a few minutes. Then stretch the fabric across a wide bowl and pour boiling water over the salt and through the stain. Once the stain is removed, you can launder as usual. If the stain is not completely removed, you can treat it with a solution of equal parts hydrogen peroxide and dishwashing liquid. This is effective even for set-in red wine stains.

**Mustard** - Mustard stains are particularly difficult to remove if left for any amount of time, so treat these stains as soon as possible. Saturate the stain with a solution made from one cup water, 1 teaspoon dishwashing liquid, and one teaspoon vinegar. Let it sit for several minutes and then rinse with cool water. If the stain remains, gently rub powdered laundry detergent into the stain and let it sit for several more minutes. Rinse again in cool water. Once the stain is removed, you can launder the garment as usual.

## July is National Horseradish Month.

- Horseradish has been popular for over 3,500 years. It was used by the ancient Egyptians and Greeks as a cure for back pain, coughs, rheumatism, and tuberculosis.
- The name "horseradish" comes from the German "meerrettich," meaning sea radish. "Meer" eventually was changed to "mare," and English speakers made the connection to "horse," giving us the modern name for this root. Its nicknames include "redcole" and "stingnose."
- To experience the full pungency of horseradish, the root must be crushed or grated to release the volatile oils in the plant.
- It takes about four pounds of horseradish root to make one pound of prepared horseradish.
- Vinegar is added to prepared horseradish to stabilize the flavor. The heat of prepared horseradish is determined by when the vinegar is added to the freshly crushed horseradish root. Vinegar stops the enzymatic action in the ground product, so if the vinegar is added immediately, the result is a milder horseradish.

## Fun Trivia

1. What is the most populated city in the world?
2. Which U.S. president was the only to have earned a Ph.D.?
3. True or false: Chop Suey was invented in New York City.
4. What is the most popular fruit in America?
5. Which is the only continent without a desert?
6. What is the most common element in the universe?
7. What was the first city in modern history to reach one million people?
8. What percentage of the human brain is water?
9. What was the first product to have a UPC bar code on its packaging?

Answers to Trivia: 1. Shanghai, China. 2. Woodrow Wilson. 3. True. 4. Bananas. 5. Europe. 6. Hydrogen. 7. London in 1811. 8. 85 percent. 9. Wrigley's gum.



## Summer Smoothies

The weather is heating up, and nothing beats a cool drink on a hot summer day. Mixing up a smoothie is a perfect way to cool down. Basically, a smoothie is simply a blended mixture of milk, fruit juices, yogurt, sherbet or sorbet, with fruit and ice added. These recipes can get you started. Once you've tried a few, start experimenting with different combinations of fruit and juice. If you are adding fruit, use frozen fruit or freeze fresh fruit in the freezer for about half an hour first. Substitute soy milk for the milk or yogurt for a healthy drink.

### Basic Banana Smoothie

In a blender, combine 1/2 cup milk, 1 banana, 1/4 cup plain or flavored yogurt, and enough honey to sweeten to taste. Blend until smooth and serve in a chilled glass.

### Chocolate Banana Smoothie

To Basic Banana Smoothie, add two tablespoons chocolate syrup.

### Strawberry Banana Smoothie

To Basic Banana Smoothie, add 1/2 cup frozen strawberries. Also works great with blueberries or raspberries.

### Peach Smoothie

In a blender, combine one cup peeled and sliced peaches, slightly frozen, and 1/4 cup raspberries, also slightly frozen. Add one cup apple or peach juice, 1/2 cup vanilla yogurt or peach sorbet, and toss in a small handful of ice cubes. Blend until smooth.

### Chocolate Peanut Butter Smoothie

Blend together one frozen banana, three tablespoons peanut butter, two tablespoons chocolate syrup, and 3/4 cup milk. Serve in a chilled glass.

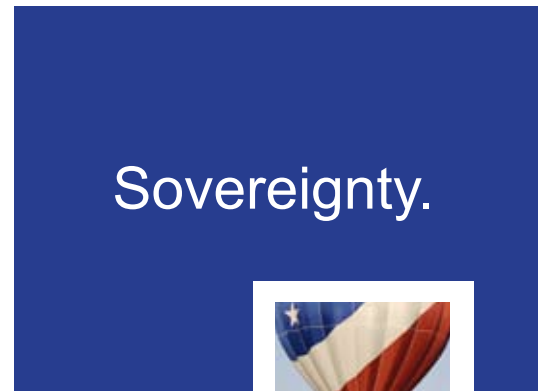
### Peanut Butter Ice Cream Smoothie

Combine 1/4 cup peanut butter with one cup vanilla ice cream and one cup milk. Blend until smooth.

## Green Living Tip

Next time you attend an event that requires you to give a gift, place your present into a reusable fabric shopping bag instead of wrapping it. There are many canvas bags that are quite attractive and make for a lovely gift. Not only does this help reduce the waste from the wrapping materials, but you will also provide your gift recipient with a handy way to reduce their use of plastic grocery bags the next time he or she heads to the store.

## Tradition. Patriotic.



Cell Phone Courtesy Month

Family Reunion Month

Herbal/Prescription Awareness Month

National Blueberries Month

National Grilling Month

National Horseradish Month

National Hot Dog Month

National Ice Cream Month

National Make a Difference to Children Month

National Recreation and Parks Month

Sandwich Generation Month

Social Wellness Month

UV Safety Month

Women's Motorcycle Month

# Freedom. Brave.



The world is a book, and those who do not travel read only a page. - *St. Augustine*

I travel not to go anywhere, but to go. I travel for travel's sake. The great affair is to move. - *Robert Louis Stevenson*

When preparing to travel, lay out all your clothes and all your money. Then take half the clothes and twice the money. - *Susan Heller*

A good traveler has no fixed plans and is not intent on arriving. - *Lao Tzu*

Too often travel, instead of broadening the mind, merely lengthens the conversation. - *Elizabeth Drew*

## HOT DOG! WHAT A DEAL

We have a sizzling hot deal for you!  
Refer a friend to our community and if he or she moves in you receive \$200. What could be better than that!

## Fourth of July Jokes and Riddles

Q: What happened as a result of the Stamp Act?

A: The Americans licked the British!

Q: Did you hear the one about the Liberty Bell?

A: Yeah, it cracked me up!

You've heard of the Wonders of the World. But did you know that there are several lists that describe these Wonders? There are both the Wonders of the Ancient World and the Wonders of the Natural World. To further complicate matters, there is no definitive list of the Natural Wonders. Depending on where you look, there are different Wonders on every list. So, if you ever want to impress your friends with your knowledge of trivia, here's a great place to start!

### Wonders of the Ancient World

- Pyramids of Egypt
- The Temple of Artemis (Diana) at Ephesus
- The Colossus of Rhodes
- The Mausoleum at Halicarnassus
- The Pharos or Lighthouse of Alexandria
- The Statue of Zeus at Olympia
- The Hanging Gardens of Babylon

### Wonders of the Natural World

- Mount Everest
- Victoria Falls on the Zimbabwe-Zambia border
- Grand Canyon of the Colorado River
- Great Barrier Reef in Australia
- Caves in France and Spain
- Paricutin Volcano in Mexico
- The Harbor at Rio de Janeiro, Brazil

May the sun in his course visit no land more free, more happy, more lovely, than this our own country! -*Daniel Webster*

sun	mon	tue	wed	thr	fri	sat
2008 july		1 Rent Due Thank You!	2	3	4 HAPPY BIRTHDAY America! Office Closed Rent Late @ 8:30am	5
6 No checks accepted for rent, money order only!	7	8	9	10	11	12
13	14	15 Pest Control	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



# Liberty. Splendor.